

An Evening with Kathleen Kendall-Tackett, Ph.D., IBCLC, FABA

Evidence-Based Practice: Breastfeeding, Nighttime Parenting and Postpartum Depression



The Oregon WIC Program, in partnership with the Oregon Washington Lactation Association and the Oregon Pediatric Nutrition Practice Group, is pleased to host an evening lecture with nationally renowned health psychologist and International Board Certified Lactation Consultant, Dr. Kathleen-Tackett. She will present her latest research on infant sleep location; maternal depression, trauma and fatigue; the implications for breastfeeding; and practical steps providers can take to help mothers. **JOIN US!** You won't want to miss this unique opportunity!

Dr. Kendall-Tackett specializes in synthesizing research on breastfeeding, trauma, and health psychology. She is currently analyzing data from the Survey of Mothers' Sleep and Fatigue. Her research interests include the psycho-neuroimmunology of maternal depression and the lifetime health effects of trauma. More about her- <http://lactspeak.com/speaker/kathleenkendall-tackett>

Monday, August 27th, 2012

6:00 –7:00 pm – Registration, Networking and Refreshments

7:00 pm–8:30 pm – Program

Location: Jantzen Beach Red Lion Hotel

Directions:

<http://redlion.rdl.com/HotelLocator/HotelMap>

*** CERPs will be provided for this program***

This is a FREE event, space is limited, RSVP today!

Contact: Nhu.h.to-haynes@state.or.us or phone (971) 673.0050.

DEADLINE to reserve your seat is August 13th.



Sponsored By:

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